NEW YORK ULTRARUNNING

In Conjunction With
The Greater Long Island Running Club Broadway Ultra Society
Staten Island Taconic Road Runners Club
Presents

NYUR 3-Hour Award Race

and

10th Annual Awards Lunch

To Honor the 2011 New York Ultra Running Grand Prix Award Winners

Saturday, March 31, 2012

Crocheron Park – Tennis House
215th Place, Bayside - Queens
3 Hour Race Start – 11am SHARP

Cost For Race, Lunch or Both: Only $5 if Pre-registered by March 25
$10 Late and Post Entries
10am-10:45 am-Race Registration
Lunch Immediately Follows the Race
Race Awards to Top Finishers

For Information:

Rich Innamorato	917-620-3431	rich1239@nyc.rr.com
Bob Sherman	516-749-7001	BOBLUV2RUN@aol.com

Directions

From Grand Central Parkway & Long Island Expressway: Clearview Expressway North to Exit #6A "35th Avenue". After exit, turn RIGHT onto 35th Avenue. Go about .4-mile to turn LEFT onto Bell Blvd (Gulf & CITGO stations). Then go 2 blocks to turn RIGHT onto 33rd Road (after Shin Kwang Church). Go about .3-mile to end of road (Tennis House). Make LEFT onto 215th Place & go one block and RIGHT into parking lot.

From Throgs Neck Bridge: Clearview Expressway South to Exit #6A "35th Avenue". After exit, turn LEFT onto 35th Avenue. Go about .5 to turn LEFT onto Bell Blvd. Follow above directions.

LIRR to Bayside Station. Mile walk north on Bell Blvd to RIGHT onto 33rd Road. Then straight for about 3 blocks to end of road & Tennis House. **Call LIRR at 718-217-5477 for scheduling.**

NYUR AWARDS RUN AND LUNCH – March 31, 2012

$5 Check Payable To: NEW YORK ULTRARUNNING

Mail To: **Broadway Ultra Society PO Box 1239 Long Island City, NY 11101**

_____ Race and Lunch _____ Race Only _____Lunch Only

Name _____

Address _____

_____

Telephone _____ Email _____