proudly presents the

YED CORBIYY 24-HOUR RUN

FRIDAY, JUNE 1, 2018

Fort Totten - Bayside, Queens

8:00 P.M. Start

Celebrating the 45th anniversary of Ted's American Record set in England in 1973

Sanctioned by United States Track & Field (USATF) & with cooperation of the NYC (Queens District 7A) Department of Parks & Recreation

***Check-In & Staging Area: Opposite the Fort Totten Visitor Center about 1/2 mile walk from parking lot starting at 6:30 PM (6/1).

***Parking Area: Parking will be at the "Little Bay Parking Lot" on left just before the Fort Totten Gate. You CANNOT drive into the Fort.

***Facilities: There is a comfort station in the parking lot with ample facilities & other restroom facilities by the Staging Area.

***Auto Directions: Cross Island Parkway (CIP): connects with LIE and Belt, Grand Central and Southern State Parkways
CIP North - Exit #32 "Bell Blvd" (Before Throgs Neck Bridge). After exit, make RIGHT at light; go 100 yards to LEFT into parking lot.

CIP South - Exit #33 "Bell Blvd - 295 South/Clearview Expwy". After exit, turn LEFT at light and proceed into left lane. (Most traffic will go right.) Go thru underpass and proceed about .5 mile to LEFT onto Fort Totten Road. Go about 300 yards to LEFT into parking lot.

From New Jersey: Take RFK (Triboro) Bridge to Grand Central Pkwy to Whitestone Expwy to CIP South & follow above directions. From Bronx, Connecticut & Westchester: Take Bronx-Whitestone Bridge and exit onto CIP South & follow above directions.

***Transit Info to Fort: LIRR (Port Washington Line) to "Bayside Station". Train scheduling to follow.

Six LIRR trains leaving Penn Station between 5:14 PM & 6:42 PM on rush hour schedule. Ride is 20-27 minutes.

Four LIRR trains from Woodside Station from 5:40 PM to 6:53 PM. Ride is about 16 minutes.

#Q13 BUS from Bell Blvd & 42nd Avenue by Bayside Station directly to Fort Totten Gate - leaves every 10 minutes (a 15-minute bus ride). Also Kelly's Car Service (718-229-4141) located adjacent to Bayside Station.

- ***Additional Transit: Q13 or Q16 Bus from Flushing Main Street Subway Station to Fort Totten Gate. Ride can be 30-50 minutes.
- ***Note: Please call the LIRR at 718-217-5477 and the MTA at 511 or 718-330-1234 to be informed about any weekend service advisories.
- ***Course Description: A 1.3-mile loop on blacktop roadways with rolling terrain. The loop also will provide views of Little Neck Bay, the Long Island Sound, the Throgs Neck Bridge and illuminating horizon of the Manhattan Skyline.
- ***Race Scoring: We are honored the event will be electronically scored by Mike Melton from *MCM Timing*. All entries will be required to wear a "scoring chip" as instructed.
- ***AID, FACILITIES & FOOD: Water, Gatorade, defizzed cola, food snacks, medical supplies will be provided. Restrooms by Staging Area. Meals at sporadic times will be distributed. *Note: No tents will be allowed.*
- ***AWARDS: Winners Ted Corbitt Cup. Award to each runner who complete 50 miles or longer.

Awards distributed in 3 Categories. "A" - 100 Miles or longer......."B" - 100K to 100 Miles......."C" - 50 Miles to 100K

***POST RACE ACTIVITIES: Pizza & soft drinks will be distributed near Finish Line Area. The award ceremony will be conducted there.

***ENTRY PROCEDURE: \$99.00 for

\$99.00 for 2018 BUS Members \$110.00 for non BUS Members

Approved late entries (No SWAG guaranteed) - \$120.00

- ***SWAG: Each pre-entrant will receive imprinted SWAG designed by David Luljak & Barbara Christen.
- ***Note: All entries SHOULD BE RECEIVED by May 26, 2018. Late entries will be accepted if there is availability.

***Manual Entry: Entry & check payable to: BROADWAY ULTRA SOCIETY

PO Box 1239

Long Island City, NY 11101

***Online Entry: Race application can be processed through *UltraSignup*.

*****ADDITIONAL INFO**: 917-620-3431 <u>rich1239@nyc.rr.com</u>

TED CORBITT 24-HOUR RUN

FRIDAY/SATURDAY, JUNE 1-2, 2018

I, on behalf of my heirs and administrators, waive and release the Broadway Ultra Society (BUS), New York Ultra Running (NYUR), United States Track and Field (USATF), New York City Department of Parks and Recreation, the City of New York, the Borough of Queens, Fort Totten, MCM Timing, Ultra Signup and all their representatives and all persons associated with the event for any claims of injuries and/or death suffered by me in the said event. Lattest Lam physically fit to run/walk the duration of twenty-four (24) hours.

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NAME:			SIGNATURE:		
STREET ADDRESS	:				
CITY, STATE & ZIP:					
USAT&F #:		CELL PHONE #:		TAKING MASS TRANSIT?	_
DOB:	AGE:	SWAG SIZE:	E-MAIL:		
IN CASE OF EMERO	GENCY CON	TACT:		PHONE #	