

BROADWAY ULTRA SOCIETY & elitefeats
presents the 9th edition

PAJAMA ROMP 6-HOUR

John Golden Park & Crocheron Park
SATURDAY, JULY 31, 2021

Bayside (Queens), NY
4:30 PM staggered start

With the cooperation of the N.Y.C. Department of Parks & Recreation (Queens Division)
a New York Ultra Running Grand Prix event

COURSE: About a one mile loop on macadam footpaths; loop is mainly flat with one significant rise and is about 75% shady. This loop features a good portion of the JK 12-Hour circuit from the past.

CHECK-IN: Pick up race packet at John Golden Park adjacent to the comfort station. This is north of parking lot by the 3 ballfields.

AUTO DIRECTIONS:

From Grand Central Parkway & Long Island Expressway: Clearview Expressway North to Exit #6A "35th Avenue". After exit, turn RIGHT onto 35th Avenue. Go about .4 mile to Bell Blvd. (Amoco & BP stations). Turn LEFT onto Bell Blvd. Then go 2 blocks to turn RIGHT (after Shin Kwang Church) onto 33rd Road. Go about .3 mile to end of road (Tennis House). Make LEFT onto 215th Place & go almost one block and turn RIGHT into parking lot.

From Throgs Neck Bridge: Clearview Expressway South to Exit #6A "35th Avenue". After exit, turn LEFT onto 35th Avenue. Go about .5 mile to Bell Blvd. Follow above directions from there.

TRANSIT DIRECTIONS: Long Island Rail Road (Port Washington Line) 718-217-5477 - please CONFIRM schedule with LIRR
Leave Penn Station: 2:18 PM Leave Woodside: 2:29 PM Arrive Bayside: 2:47 PM
Leave Penn Station: 3:18 PM Leave Woodside: 3:29 PM Arrive Bayside: 3:47 PM

Walk NORTH on Bell Blvd. to RIGHT onto 33rd Road (after Shin Kwang Church & 2 blocks past 35th Avenue) & then straight for about 3 blocks to Tennis House. Walk is about a mile. Cab at Bayside Station is no longer there.

Alternative: "Q13" Bus from Main Street Flushing to Bell Blvd & 33rd Road. Buses leave every 10 minutes & ride is about 30 minutes.

FACILITIES: Come dressed to run. Comfort Station at Start/Finish area. There also may be additional facilities.

START PROCEDURE: The event will officially start at about 4:30 PM. There will be staggered starting for the next 30 minutes until 5:00 PM. More information to follow how the start & finish will be determined.

AID STATION: One station per loop providing water, Gatorade, defizzed cola & some food snacks.

SCORING: Event will be electronically scored by *EliteFeats*. On race date, you will be distributed a bib number from *EliteFeats* with an electronic chip. You MUST wear that bib with the chip AT ALL TIMES on your front. There is no alteration of the bib number.

ILLUMINATION: About 75% of the loop will be illuminated with Park lights. The other 25% will be lit with lights inside traffic cones along that section of the loop. We still recommend you bring a head lamp or portable flashlight.

WEATHER: If there is lightning in the area, all runners will be removed from the loop until it's safe, but the clock will continue.

AWARDS: Awards and Grand Prix Points: Distributed to each runner who has completed the **marathon distance or longer**.

RACE RECORDS: Tommy Pyon 48.34 Miles (2011) and Sky Canaves 42.11 Miles (2013)

POST RACE: There will be refreshments distributed to participants after completing 6 hours.

ENTRY PROCEDURE: \$60.00 for each participant

Field limited to 100 with an entry deadline of Monday, July 26, 2021 or whichever comes first.

Mail entry: **BROADWAY ULTRA SOCIETY**
Richard Innamorato
P.O. Box 1239
Long Island City, NY 11101

Online Entry: <https://events.elitefeats.com/pajama21>

Additional Information: shoeboxlew@gmail.com
917-620-3431

SPECIAL PERK: Imprinted pajama shorts to each "pre-entrant"

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Race & COVID Waivers and CDC Facilities Screening Form to be completed later

NAME: _____ SIGNATURE: _____

STREET ADDRESS: _____

CITY, STATE & ZIP ADDRESS: _____

CELL PHONE #: _____ DOB: _____ AGE: _____ PJ SIZE: _____

E-MAIL ADDRESS: _____

EMERGENCY CONTACT NAME: _____ HIS/HER PHONE NUMBER: _____