OMNIBUS
(a satellite of the Broadway Ultra Society)

and

"FAR"
(created by Ultra Women Runners)

presents the

CITADEL CHALLENGE

SUNDAY, NOVEMBER 19, 2023
9:00 A.M. Start

25 Kilometers, 30 kilometers & 50 kilometers

Sanctioned by United States Track & Field (USATF) and with the cooperation of the NYC (Queens) Department of Parks & Recreation

***Event Description:*** There are three races: a 25K, a 30K & 50K road runs. You DO NOT have to declare what distance you are running. 50K finishers will receive official time & place in the 25K & 30K. 30K finishers will also be listed in 25K. There is only will be one "official" start.

***Check-In:*** At Center for Women NY, 207 Totten Avenue across from Chapel starting at 7:30 AM. About 1/4 mile walk from parking lot.

***Facilities:*** There is a comfort station in the parking lot. Portosans are at Staging Area & adjacent to Fort Totten Visitor Center.

***Auto Directions:*** Cross Island Parkway (CIP): connects with LIE and Belt, Grand Central and Southern State Parkways

CIP North - Exit #32 "Bell Blvd" (Before Throgs Neck Bridge). After exit, make RIGHT at light; go 100 yards to LEFT into parking lot.

CIP South - Exit #33 "Bell Blvd - 295 South/Clearview Expwy". After exit, turn LEFT at light and proceed into left lane. (Most traffic will go right.) Go thru underpass and proceed about .5 mile to LEFT onto Fort Totten Road. Go about 300 yards to LEFT into parking lot.

From New Jersey: Take RFK (Triboro) Bridge to Grand Central Pkwy to Whitestone Expwy to CIP South & follow above directions.

From Bronx, Connecticut & Westchester: Take Bronx-Whitstone Bridge and follow above directions.

***Additional Transit:*** Q13 or Q16 Bus from Flushing Main Street Subway Station to Fort Totten Gate. Ride can be 30-40 minutes.

***Course Details:*** A 2.5K (1.55-mile) loop on macadam & blacktop roadways and occasional cement paths. The loop is rolling & will provide views of Little Neck Bay, the Long Island Sound & Throgs Neck Bridge. The loop also features a 911 Memorial.

10 Loops -- 25K; 12 Loops -- 30K; 20 loops -- 50K: **Time Limits:** 8 hours 30 minutes.

***Aid & Facilities:*** Water, Gatorade, defizzed cola, food snacks, medical supplies will be provided plus restroom facilities.

***Awards:*** Omnibus Medals to all finishers of 25K & 30K. Upgraded award for 50K Finishers.

***Referrals:*** Food & soft drinks will be on hand near the Staging Area.

***Entry Procedure:***

- $40.00 for Pre-Entrants
- $50.00 for Late & Day of Race Entries (NO SWAG guaranteed)

***Swag:*** Each pre-entrant will receive imprinted item with new Omnibus logo.

***Note:*** Pre-Entry SHOULD BE RECEIVED by November 11, 2023.

***Manual Entry:*** Check payable to:

Mail to:

BROADWAY ULTRA SOCIETY

Richard Innamorato

851 Mahattan Avenue

Brooklyn, NY 11222


***Additional Info:*** 917-620-3431 shoeboxlew@gmail.com

CITADEL CHALLENGE 25K, 30K, 50K

SUNDAY, NOVEMBER 19, 2023

I, on behalf of my heirs and administrators, waive and release Omnibus, the Broadway Ultra Society (BUS), New York Ultra Running (NYUR), "FAR", United States Track and Field (USATF), New York City Department of Parks and Recreation, the City of New York, the Borough of Queens, Fort Totten, Center for the Women of New York (CWINY) and all their representatives and all persons associated with these events for any claims of injuries and/or death suffered by me in the said event. I am totally aware of any possible hazards, including any kind of traffic, of the designated venue. I attest I am physically fit to run/walk all the required distances.

NAME: ___________________________ SIGNATURE: ___________________________

STREET ADDRESS: ____________________________________________________________

CITY, STATE & ZIP: _________________________________________________________

USATF #: ___________________ CELL PHONE #: ___________________ TAKING MASS TRANSIT? __________________

DOB: ___________________ AGE: _______ E-MAIL: ________________________________

IN CASE OF EMERGENCY CONTACT: __________________________ PHONE #: __________________

***WE RESERVE THE RIGHT TO ACCEPT OR REJECT ANY ENTRY***